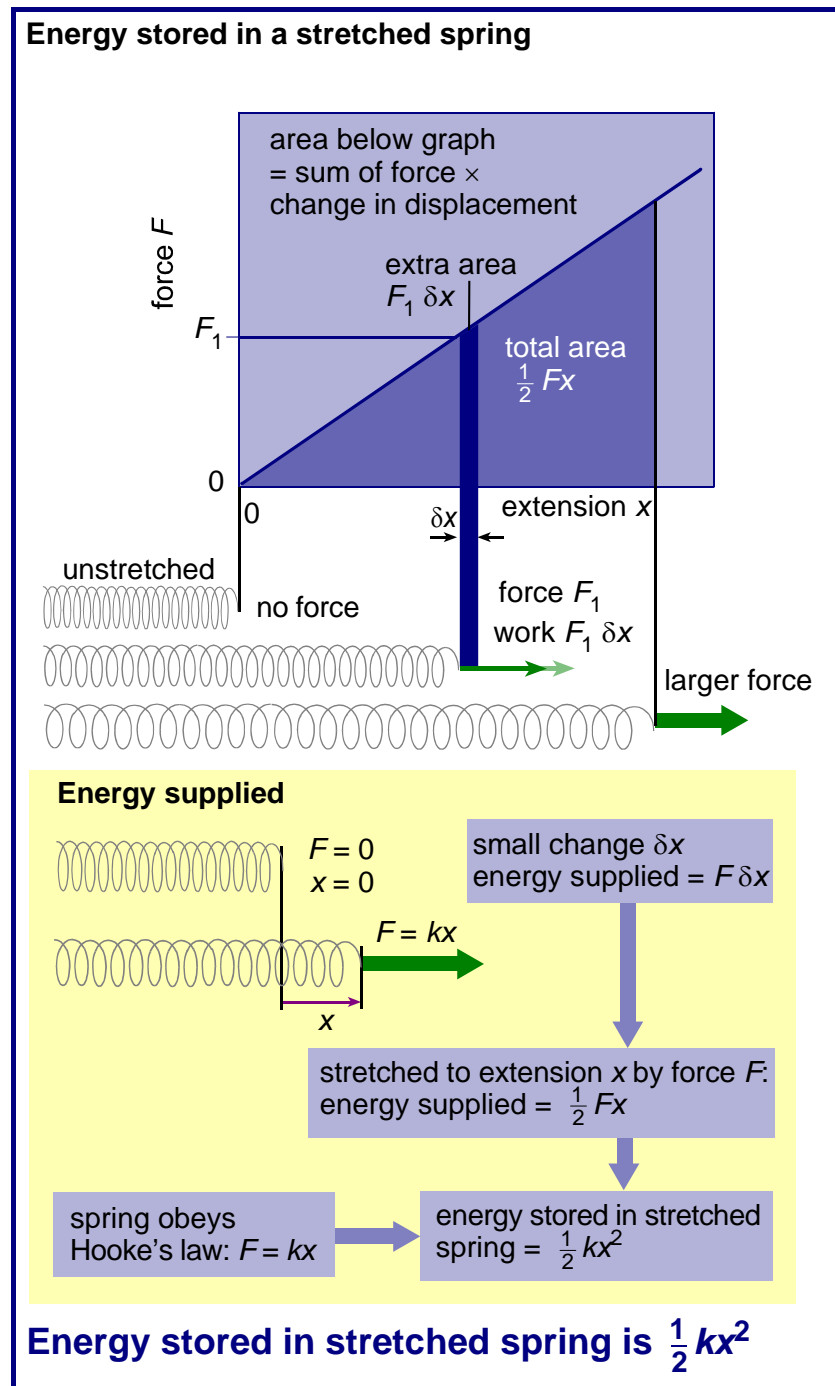


TAP 305- 3: Elastic energy

The relationship between force to extend a spring, and extension, determines the energy stored.



Practical advice

This diagram is reproduced here so that you can talk through it, or adapt it to your own purposes.

External reference

This activity is taken from Advancing Physics chapter 10, 120 O